



COVERED AREA

- Nature Crisis,
- Basic Education,
- Basic Health Care,
- Basic Health Screening,
 - New Born Baby and Mother Health,
 - Social Hygiene,
 - Malnutrition etc.

An initiative by Narayan Social Welfare Foundation





NSWF was founded in India, by doctors, medical students, teachers, college graduates, professionals and likemindedpeople with A VISION OF "EACH ONE CARE ONE, EACH **ONE TEACH ONE"**, the work of **NSWF** is guided by humanitarian principles of care. It offers services and assistance to people based on need, irrespective of race, class, caste, religion and gender, and to provide health/wellness and basic education for all. Become outstanding organization in the delivery of medical care, education and humanitarian aid to all. **NSWF** is a humanitarian

Project Title:

Improve India's Rural People Health & Wellness

Area Covered: Across India

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Organization Name:

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Registration Details: 1346/2018-19/4

organization based in New Delhi, India and working in various fields since last 3 years and its inception in 2016, has been involved extensively with vulnerable communities in the states of India. **NSWF** focuses on providing EASY, EFFICIENT AND EFFECTIVE health and education care to the vulnerable communities during crisis and non-crisis situation. We are also committed to aware, promote and participate non communicable diseases (NSD) such as CANCER, AIDS/HIV, PARKINSON'S DISEASE, ALZHEIMER'S, HEART DISEASE, DIABETES, CHRONIC KIDNEY DISEASE FTC.

Our Vision is "EACH ONE CARE ONE, EACH ONE TEACH ONE" So we are working as our Vision to make "Healthy India, Strong India"

Mission: Providing easy, efficient and effective health care/wellness and basic education to the most vulnerable individuals and communities

Project Objective

- To work for uplifting poor rural/village people for their overall health, nutrition, proper sanitization problem.
- To improve health status of communities through health education, environmental cleanliness, proper sanitation, malnutrition, safe and pure drinking water and increasing access to providing prospects for the overall personality development as health, education, including children's education etc.
- To provide basic health care screening to save their life from noncommunicable diseases (NSD) such as CANCER, AIDS/HIV, PARKINSON'S DISEASE, ALZHEIMER'S, HEART DISEASE, DIABETES, CHRONIC KIDNEY DISEASE ETC.
- To work for improve expecting mother health and new born baby health with proper medicine, nutrition and mandatory vaxination.
- To undertake any other work or assignment which may be for the general welfare of the community and deprived people?



Project Summary

Nature Disaster: The 2019 Indian floods were a series of floods that affected over nine states in late July and early August 2019, due to incessant rains. At least 1000 people died and about a million people were displaced. The states of Bihar, Assam, Kerala, Madhya Pradesh, Karnataka, Maharashtra and Gujarat were the most severely affected.

Basic Education: Education is the right of every individual but lack of quality infrastructure, quality teaching and learning, shortage of teachers in primary level, poor education status, lack of poor people motivation and knowledge. Still in India some of state Bihar, Jharkhand, UP, MP, remote rural people is not proper educated even they are unable to write their name, they don't send their children to school coz they want to work their children with them to earn some money for food and cloth.

There is a massive shortage of teachers here in India (unofficial figure is 3 million). The RTE requirements (of minimum teacher qualifications, and student-teacher ratios) for employing teachers, are totally impractical and are not helping things.

Healthcare: Healthcare is the right of every individual but lack of quality infrastructure, dearth of qualified medical functionaries, and non-access to basic medicines and medical facilities thwarts its reach to 60% of population in India. A majority of 700 million people lives in rural areas where the condition of medical facilities is deplorable.

In rural areas, there is widespread hunger, high levels of morbidity, and a vast unmet need for curative health care. Without anyone to advocate for the people who live in such conditions, the high numbers of premature deaths lead only to the further marginalization of these populations and

trivialization of their problems.

Due to non-accessibility to public health care and low quality of health care services, a majority of people in India turn to the local private health sector as their first choice of care. If we look at the health landscape of India 92 percent of health care visits are to private providers of which 70 percent is urban population. However, private health care is expensive, often unregulated and variable in quality. Besides being unreliable for the illiterate, it is also unaffordable by low income rural folks.

In India most of rural people still don't know about preventive health care, safe and pure drinking water, proper use of sanitisation, proper malnutrition. So they required and our duty is to guide them without any personal and corporate interest.

The direct causes of maternal deaths in India include excessive bleeding, infections, pregnancy-induced hypertension, obstructed labor, and unsafe abortions. (Abortion in India is permitted on medical, socioeconomic, and health grounds, with gestational limits.)

Major health problems affecting mothers and children in India are: Malnutrition, Infection, Unregulated fertility

- Globally, about 800 women die every day of preventable causes related to pregnancy and childbirth; 20 per cent of these women are from India.
- Annually, it is estimated that 44,000 women die due to preventable pregnancy-related causes in India.
- Mothers in the lowest economic bracket have about a two and a half times higher mortality rate.

Project Details:

Beneficiaries Selection criteria:



- People of India who are affected by Nature Disaster like flood, storm etc.
- Rural children who are not going to school
- Rural children who are not attending school after enrolment
- Most vulnerable remote rural people of India
- Rural people who never did Basic Health Screening
- Rural people lack of knowledge maintains hygiene
- Rural people who do not do proper malnutrition
- > Who do not do proper sanitization
- Who don't know about safe and pure drinking water
- > Rural expecting mother who do not take proper nutrition.

Target people:



Most vulnerable rural people of undeveloped and remote villages of India, who are affected by Nature Disaster, Those Children are not going to school and not sending to school by their parent, Those rural people are unable to take proper malnutrition, Rural/Remote/Poor expecting mother and there new born child, Rural/remote people who are not maintain basic hygiene, proper sanitization, basic health screening, and basic health care.

Project Details:

Activities carried out



- Provide Basic need in nature disaster i.e. food, cloth, medicine, shelter etc.
- Provide Basic Education for children who are not going to school or not sending the school by their parent.
- Provide Basic Health Care.
- ❖ To do Basic Health Screening.
- ❖ To educate for proper sanitization
- ❖ To educate for take proper malnutrition
- Provide remote/rural/poor expecting mother to take proper nutrition, save themselves from infection and take care of their new born child
- New born child vaccination
- To educate for pure and save drinking water
- ❖ To educate for maintain proper hygiene etc.

Outcome of the Project



- More than 1,00,00,000 rural people take proper malnutrition
- More than 1,00,00,000 rural people get basic health care to their.
- More than 1,00,00,000 rural people learn how to drink pure and save water.
- More than 1,00,00,000 rural people get basic health screening test which will help them to fight life threatening diseases.
- More than 1,00,00,000 rural people learn for proper sanitization and make clean India.

Project Details:

Duration of the Project: 18 Months

Budget

S.No.	Particular	Breakup	Amount
1.	Emolument		31,70,000.00
2.	Rural Media/Rikshway/Mike Campain	@Rs. 3200x18x40	23,04,000.00
3.	Van for Campaign		30,50,000.00
4.	Lodging and Fooding of Executive		38,00,000.00
5.	Training Exp.		12,00,000.00
6.	Preventive Health Screening Test*	@Rs. 950x72000	6,84,00,000.00
7.	Health Camp	@Rs. 9500x18x40	68,40,000.00
8.	Medicines		1,55,00,000.00
9.	Medical Equipment*		25,50,000.00
10.	Health worker at grass root level	@Rs. 200x720x4	
	(Public Medical Officer)		1,03,68,000.00
11.	Mass Meeting		5,50,000.00
12.	Sustainable activities		10,00,000.00
13.	Rent of Office	@5000x18x100	90,00,000.00
14.	Furniture & Fixtures, Tent etc.	@Rs. 22500x100	22,50,000.00
15.	Contingency		28,00,000.00
16.	Basic Education* Centre	@ 2500x18x1000	4,50,00,000.00
17.	Banner & Hoarding & Stationary	@720x2550	18,36,000.00
18.	Workshop	@Rs. 24500x180	44,10,000.00
19.	Nature Disaster		4,00,00,000.00

TOTAL

22,40,28,000.00

(Rupees Twenty two crore fourty lakh twenty eight thousand only)

Note:

- Preventive Health Screening Test: (CBC, Blood-Sugar, BP, Thyroid, Urine, LFT, KFT, ECG, EEG, LDL, HDL, Echo, X-ray, Ultrasound etc.)
- Basic Education (basic education vulnerable communities, education for proper sanitization, malnutrition, take safe and pure water, how to live a healthy life)
- Medical Equipment: Sugar Machine, BP Machine, Weight Machine, Thermometers, Syringe, Medical Gloves, Dustbin etc.



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